

TheStudio

For Dance & the Arts
The School of the Rockbridge Ballet

2023-2024 CLASS SCHEDULE

Monday

Green Room

3:45-4:45 Company Prep.
4:45-5:15 First Steps
5:15-5:45 Sr. Conditioning
5:45-7:00 Sr. Ballet
7:00-8:00 Sr. Rehearsal
8:00-8:30 Soloist Rehearsal

Blue Room

3:30-4:15 Ballet 1
4:15-4:45 Tap 1
4:45-5:30 Acro. 1
5:45-7:00 Sr. Ballet
7:00-8:00 Sr. Rehearsal

Yellow Room

3:45-4:15 Tap 3
4:15-5:00 Ballet 3
5:15-5:45 Jr. Tap
5:45-7:00 Jr. Ballet
7:00-8:00 Jr. Rehearsal

Tuesday

Green Room

3:30-4:15 Tap & Tutu
4:15-4:45 Pre-Pointe
4:45-5:15 Pointe 1
5:15-6:00 Int. Pointe
6:00-6:45 Adv. Pointe
6:45-7:45 Sr. Jazz - A
7:45-8:45 Sr. Rehearsal

Blue Room

3:30-4:00 Acro. 2
4:00-4:45 Jazz 1/2
4:45-5:15 Hip Hop Ages 7-9
5:15-6:00 Acro. 3
6:00-6:45 Private lessons
6:45-7:45 Sr. Jazz - B
7:45-8:45 Sr. Rehearsal

Yellow Room

3:30-4:15 Ballet 4
4:15-4:45 Tap 4
5:00-5:30 First Steps
5:30-6:15 Jr. Jazz
6:15-6:45 Jr. Rehearsal
6:45-7:45 Sr. Jazz - C
7:45- 8:45 Sr. Rehearsal

(over)

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2023-2024 CLASS SCHEDULE (Continued)

Wednesday

Green Room

3:30-4:15 Tap & Tutu

4:30-5:00 First Steps

5:15-5:45 Hip Hop Ages 10 & up - 1

5:45- 6:15 Hip Hop Ages 10 & up - 2

6:15-6:45 Adv. Hip Hop

6:45-7:30 Sr. Jazz Optional First Steps

Blue Room

3:30-4:15 Tumble & Twirl

4:15-5:00 Acro. 7

5:00-5:45 Acro. 6

5:45-6:30 Acro. 4/5

6:30-7:15 Jazz / Modern Ages 10 & up

7:30-8:15 Adv. Acro.

Thursday

Green Room

3:30-4:00 Tap 2

4:00-4:45 Ballet 2

4:45-5:30 Ballet 6/7

5:30-6:00 Sr. Tap

6:00-7:15 Sr. Ballet - A

7:15-8:15 Sr. Modern

8:15-8:45 Sr. Rehearsal

Blue Room

3:30-4:15 Ballet 5

4:15-4:45 Tap 5

4:45-5:30 Ballet 1

5:30- 6:00 Modern 1/2

6:00-7:15 Sr. Ballet - B

7:15-8:15 Sr. Modern

8:15-8:45 Sr. Rehearsal

Yellow Room

3:30-4:15 Jr. Modern

4:15-5:15 Jr. Ballet

5:15-6:00 Jr. Rehearsal

6:00-7:15 Sr. Ballet - C

8:15-8:45 Sr. Rehearsal